

**Referral List**  
**Dakota High School**  
**Counseling and Guidance Office**

The following referrals serve as a means to provide direction towards helping our community achieve balanced mental health. By offering this information, we are in no way guaranteeing specific results. Achieving improved mental health is a process, which for some is a significant journey that takes time, patience, and work.

Referrals are listed in random order and are by no means listed in order of preference.

<p style="text-align: center;"><b>Wentworth and Associates</b>  11111 Hall Rd., Ste. D  Sterling Heights, MI 48317  (586) 997-3153  <a href="https://www.wentworthandassociates.com/">https://www.wentworthandassociates.com/</a></p>	<p>Over 30 therapists on website with specialties listed – if you select a specialist you can contact the therapist directly through their web page or call general number and be assigned.  Receptionist will assess therapeutic needs and forward call to a counselor that specializes in areas of concern.</p>
<p style="text-align: center;"><b>Saputo Counseling Services LLC</b>  44056 Mound Rd., Ste. 103  Sterling Hts., MI 48314  (586) 580-1907  <a href="http://www.saputocounseling.com">www.saputocounseling.com</a></p>	<p style="text-align: center;"><b>Cathy Saputo, MA, LPC, NCC</b>    Anger, depression, anxiety, grief</p>
<p style="text-align: center;"><b>Heart Consulting Services</b>  51424 Van Dyke Ave., Ste. 23  Shelby Twp., MI 48316  (586) 381-6034  <a href="http://www.heartmi.com">www.heartmi.com</a></p>	<p style="text-align: center;"><b>Scott Steenbergh, LLMSW, CAADC</b>    Substance abuse counseling and cessation, individual and group therapy, alternative peer groups</p>
<p style="text-align: center;"><b>Alternative Solutions Counseling, LLC</b>  6303 26 Mile Rd., Ste. 120  Washington, MI 48094  (586) 604-1339  <a href="http://alternativesolutionscounseling.com/">http://alternativesolutionscounseling.com/</a></p>	<p style="text-align: center;"><b>Rebecca Maffetone, LMSW, CAADC, CCS-M</b>    Mental health, substance abuse, trauma, family issues</p>
<p style="text-align: center;"><b>Compassionate Counseling</b>  44444 Mound Rd., Ste. 650  Sterling Hts., MI 48314  (586) 770-6790  <a href="https://www.psychologytoday.com/us/therapists/nicole-chinn-sterling-heights-mi/95448">https://www.psychologytoday.com/us/therapists/nicole-chinn-sterling-heights-mi/95448</a></p>	<p style="text-align: center;"><b>Nicole Chinn, MA, LPC</b>    ADHD, anxiety and depression, individual and family</p>
<p style="text-align: center;"><b>Wellspring Therapeutic Partners</b>  42815 Garfield, Ste. 210  Clinton Twp., MI 48038  (586) 846-4835  <a href="https://www.wellspringtherapy.net/">https://www.wellspringtherapy.net/</a></p>	<p>ADHD, anxiety, academic issues, stress, depression, anger management, trauma, transitions  Receptionist will assess therapeutic needs and forward call to a counselor that specializes in areas of concern.</p>

<p><b>Associated Psychologists</b>  19900 E 10 Mile Rd. Ste. 102  St. Clair Shores, MI 48080  (586) 776-3366  <a href="https://www.associatedpsychologistspllc.com/">https://www.associatedpsychologistspllc.com/</a></p>	<p>Receptionist will assess therapeutic needs and forward call to a counselor that specializes in areas of concern</p>
<p><b>Henry Ford Behavioral Health</b>  15420 19 Mile Rd.  Clinton Township, MI 48038  (800) 436-7936  <a href="https://www.henryford.com/locations/behavioral-health-clinton-township">https://www.henryford.com/locations/behavioral-health-clinton-township</a></p>	<p>Receptionist will assess therapeutic needs and forward call to a counselor that specializes in areas of concern</p>
<p><b>Dr. Gary Fusciardi</b>  8061 21 Mile Rd., Ste. 4  Shelby Township, MI 48317  (586) 323-0696  <a href="https://www.healthcare6.com/physician/shelby-township-mi/gary-j-fusciardi-264820.html">https://www.healthcare6.com/physician/shelby-township-mi/gary-j-fusciardi-264820.html</a></p>	<p>Clinical Psychology – Children, families, and adults; defiant/oppositional boys</p>
<p><b>Macomb Family Services</b>  43928 Mound Rd.  Sterling Heights, MI 48314  *Also locations in Clinton Twp., Romeo &amp; Richmond  (586) 254-5660  <a href="http://mfsonline.org/#">http://mfsonline.org/#</a></p>	<p>Sexual abuse, parenting, adolescents, family issues, ADD, ODD, depression, crisis, trauma</p>
<p><b>Dr. Lisa Irwin</b>  52188 Van Dyke, Ste. 320  Shelby Township, MI 48316  (586) 323- 0176  <a href="https://www.healthcare6.com/physician/shelby-township-mi/lisa-m-irwin-804552.html">https://www.healthcare6.com/physician/shelby-township-mi/lisa-m-irwin-804552.html</a></p>	<p>Clinical Psychologist</p>
<p><b>Mielke &amp; Weeks Psychological Services</b>  1880 Star Batt Dr.  Rochester Hills, MI 48309  <a href="https://www.mielkeandweeks.com">https://www.mielkeandweeks.com</a></p>	<p><b>Dr. Robert Mielke, PhD, LP</b>  Family &amp; adolescent counseling  (248) 289-6817</p> <p><b>Kathy Weeks, MS, MA, LLP</b>  Depression, anxiety, ODD, bipolar disorder  (248) 289-6822</p>
<p><b>Mary Peterson, LMSW, ACSW</b>  20816 Eleven Mile Rd., Ste. 100  St. Clair Shores, MI 48081  (586) 552-8090  <a href="http://marypetersen.com/">http://marypetersen.com/</a></p>	<p>Grief, substance abuse, trauma, sexual assault</p>

<p><b>Dr. Dan Pillow, PhD</b>  200 Diversion St., Ste. 150  Rochester Hills, MI 48307  (248) 299-4315  <a href="https://www.healthcare6.com/physician/rochester-hills-mi/dan-lee-pillow-939587.html">https://www.healthcare6.com/physician/rochester-hills-mi/dan-lee-pillow-939587.html</a></p>	
<p><b>Suzanne Rodgers, LMSW</b>  217 Knowles St., Ste. 100  Royal Oak, MI 48067  (248) 648-9021  <a href="https://suztherapist.com/about/">https://suztherapist.com/about/</a></p>	<p>Depression, anxiety, anger, self-esteem, sexual abuse, PTSD, lack of productivity</p>
<p><b>Ascension Eastwood Clinics</b>  45660 Schoenherr  Shelby Township, MI 48315  (586) 566-3020  <a href="https://sobernation.com/listing/eastwood-clinics-shelby-township-utica-mi/">https://sobernation.com/listing/eastwood-clinics-shelby-township-utica-mi/</a></p>	<p>Mental health, substance abuse counseling and recovery</p>
<p><b>Behavioral Medical Center- Troy</b>  1639 East Big Beaver Rd., Ste. 201  Troy, MI 48083  (248) 528-9000  <a href="https://www.bmctroy.com/">https://www.bmctroy.com/</a></p>	<p><b>Dr. Birgit Amann, M.D.</b>   Clinical psychiatry, mood disorders, ADHD</p>
<p><b>Birmingham-Maple Clinic</b>  2075 West Big Beaver Rd., Ste. 520  Somerset Corridor  Troy, MI 48084  (248) 646-6659  <a href="https://www.birminghammaple.com/">https://www.birminghammaple.com/</a></p>	<p><b>Dr. Jeffrey London, M.D.</b>  Children/adolescent psychiatry, ADD/ADHD   Receptionist can assist with therapy referral  Almost 40 professionals with different specialties</p>
<p><b>New Oakland Family Centers</b>  42669 Garfield Rd.  Clinton Township, MI 48038  (586) 412-5321  <a href="http://newoakland.org/">http://newoakland.org/</a></p>	<p>Children/adolescent psychiatry, ADD, learning disabilities, anxiety, depression, eating disorders, addiction, psychoses</p>
<p><b>Rochester Center for Behavioral Medicine</b>  441 South Livernois, Ste. 100  Rochester Hills, MI 48307  (248) 608-8800  <a href="https://www.rcbm.net/">https://www.rcbm.net/</a></p>	<p><b>Dr. Joel Young</b>   ADHD, depression, bipolar disorder, eating disorders, grief and loss, OCD, social phobia</p>
<p><b>Family Youth Interventions</b>  418 Cass Ave.  Mt. Clemens, MI 48043  (586) 465-1212  <a href="http://www.familyyouth.com/wp/#home">http://www.familyyouth.com/wp/#home</a></p>	<p><b>FREE Up to 2 weeks residential</b></p>

<b>Psychiatric Evaluations</b>
<b>Beaumont Children's Hospital</b> 3601 W. 13 Mile Rd. Royal Oak, MI 48073 (888) 224-6181
<b>Harbor Oaks Hospital</b> 35031 23 Mile Rd. New Baltimore, MI 48047 (586) 725-5777 (800) 537-7924
<b>Havenwyck Hospital</b> 1525 University Dr. Auburn Hills, MI 48326 (248) 373-9200 (800) 401-2727
<b>Henry Ford Kingswood Hospital</b> 10300 W. 8 Mile Rd. Ferndale, MI 48220 (248) 398-3200