# Chippewa Valley Cheerleading Tryouts Competitive 23-24

June 7th & 8th 5pm-7:30pm

June 9th

Tryout times Beginning at 2:45pm



### \*PLEASE BRING THIS PACKET TO TRYOUTS WITH YOU! \*

Please make sure to read through all attached information before trying out for any of the Chippewa Valley Cheerleading Teams

# \*\*\*PLEASE BRING THIS PACKET TO THE MEETING WITH YOU! \*\*\*

Important information regarding schedules, commitment, cost, skills and more will be discussed at the meeting. Attendance is important. If you didn't make it, please contact a coach to let us know so that we can get you the information that you missed.

## **Coach Contact**

<u>Head Varsity Coach:</u> Amie Stone <u>avernier102003@gmail.com</u> <u>Assistant Varsity Coach</u> Chrissy Haller <u>challer@cvs.k12.mi.us</u> <u>Head Junior Varsity</u> Angela Barnett <u>abarnett81@att.net</u>

### **Competitive Cheer Season Information**

The focus will be on our Sideline Cheer Season in preparation for the upcoming Competitive season. We will be learning stunting as well as all fundamentals of cheer. We will be focused on continuing to build our program to that next level.

#### **Commitment Level**

Being a Cheerleader is being an athlete; we practice and condition just as much as any other team at Chippewa Valley High School. The commitment level will vary depending on the team you make. Athletes can expect to cheer approximately **3-4 days a week.** Off days will vary from week to week. A schedule will be passed out at the parent meeting. *Please do not try out if you will have problems making this commitment!* 

### **Try-Out Information**

At the conclusion of tryouts, you will receive a letter stating whether you have made a cheer team or not. Due to the nature of tryouts the conclusion time is not available. Coaches will be available 24 hours <u>AFTER</u> the conclusion of tryouts to discuss your letter if you THE STUDENT chooses to. If you must leave tryouts early, your letter will be available in the athletic office the day following tryouts.

### Wednesday, June 7th & 8th 5 p.m.-7:30 p.m.

Bring your:

Progress report

Participation Card

Signed commitment contract

Signed permission slip

Signed rules sheet

Filled out athlete information sheet

- Make sure you are wearing a t-shirt, shorts and tennis shoes
- No jewelry or long/fake nails
- Bring a water bottle

### Wednesday & Thursday, June 7th & 8th 5:00 p.m.-7:30 p.m.

\*On Wednesday, each girl will be given an **exact time** to come for tryouts on Friday. Tryouts should last approximately 10 minutes for each group. PLEASE allot extra time in case we are running behind.

### Friday, June 9th 2:45 p.m.-6 p.m.

\*It is **YOUR responsibility** to be there ready to go at your **specific time**. There will be a matted area for you to warm up on. **PLEASE NOTE** the time given is your tryout time and **DOES NOT** include warm up time. If you need to warm up please plan to arrive early.

### **Fundraising**

We will have group fundraising that will benefit the program as a whole. Fundraising is important to help with Parent costs. We need everyone to participate. There will be 2 parents heading up all fundraising as well as Coach Stone.

### **Athlete Progress Report**

Now that students and parents have access to power school, it is required that all students bring a copy of their CURRENT grades printed from power school. The grade sheet must include Semester grades and current grades. DO NOT go to the Guidance or Athletic Office and ask for these reports.

### **Attendance Policy**

- 1 unexcused absence= possible removal from competitions
- 2 unexcused absences= possible removal from competitions
- 3 unexcused absences= possible removal from the team

In addition, you could be removed from any material that was missed the day you were gone. (This applies to excused absences as well. This is not intended as a punishment, but it is impossible in some situations to put athletes into competition if they were not there to learn it.)

**TWO** late arrivals or leaving early to any cheer event will result in an unexcused absence

Absences will only be excused for the following reasons and MUST HAVE PARENT CALL/EMAIL THE COACH:

Illness Family Emergency Funeral

Cheerleaders will **NOT** be excused from practice for any other reasons including, but not limited to the following:

Family Vacation - Scheduling conflict w/ other events - Doctor's Appointments Missing School Work - Lack of transportation - Missing School without Dr Note

Our attendance policy is strict, but is in place to benefit the team and the girls that work hard to attend practice every day. If you have something of importance that requires you to skip practice, and you feel you should be excused, you MUST contact a coach 2 weeks in advance to discuss this issue.

### **Physicals**

All cheerleaders must have a physical on file before trying out. Physicals must have been given on or after April 15<sup>th</sup> of this year in order to be valid. You can get a physical from your primary care physician or from a clinic.

#### Grades

All cheerleaders will be held to the Chippewa Valley Schools eligibility standard for high school athletes. The expectation on grades is C's or better in ALL CLASSES. In addition to this policy, grades that drop or are in danger of making the student ineligible may be cause for removal from competitions, and material. Because of the nature of cheerleading, it is EXTREMELY difficult to replace members of the team on short notice. As coaches, it is our job to monitor grades and be proactive in situations that may result in ineligibility for the protection of the rest of the team.

\*\*As coaches we believe that academics come FIRST...Students that are falling behind in classes and/or doing poorly will need to bring study material to practices and complete work in place of practicing. Again, this may result in removal from competition participation. Make-up tests/quizzes that are designated by the teacher to be taken will NOT result in punishment. Please use common courtesy to let your coach know ASAP.

### **Costs & Due Dates**

All Payments will be assigned to your PaySchool Account for your convenience

#### **Clothing:**

- Practice Clothes- \$75
  - o This includes team practice t-shirts and shorts.
- Camp Fee JV & Freshman-\$100
- Game Day & Practice Bows- \$30
- Away Camp VARSITY ONLY-\$250

### Pay-to-Participate

- Pay to participate is mandatory per the school- \$150
  - ° Athlete <u>must</u> pay online through the district website

#### **Due Dates:**

June 15th- \$75 July 1st - \$ 100

Practice Clothes Camp Fees Freshman & JV

July 1st-\$250July 15th-\$30Camp Fees VarsityBow Fees

August 1st-\$150

District Pay to participate (online)

\*\*ALL money is owed on the dates listed above. ALL money is non-refundable, even if you daughter is removed from the team for any reason\*\*

### Uniforms and Equipment.

Uniforms are purchased by the cheer program and not the school. Parents need to understand that all new uniforms or equipment is purchased for the Varsity Team and then old uniforms or equipment is handed down to JV and then to Freshman. Fundraising is to help pay for coaching staff, material or choreography, as well as anything that Varsity may need.

Please KEEP ALL papers before this page for your records!

Please sign and return all papers after this page and turn in on Wednesday
June 7th, 2023
at tryouts.

### **Athlete Commitment Contract**

I, understand that cheerl	eading is a unique sport and missing a			
practice means that the team is unable to have a fu				
absences will only be excused for illness, family ex	mergencies, and funerals accompanied			
by a parent email. I understand that one absence w	ill result in me sitting out an event;			
two will result in sitting out two events and possib	le removal from rounds. 3 absences			
will result in removal from the team.				
In addition, I understand that I will sit out a	n equivalent portion of an event for			
every time I am late or have to leave early. I also				
chance that I will be removed from the specific ma				
my absence is excused. I understand that this is no	=			
impossible in some circumstances to be in materia				
I also understand the Chippewa Valley Sch				
In addition to the policy, I understand that my coac				
material and/or performances if my grades are in d	= = = =			
understand that this is done in order to protect the	pest interests of the team.			
Athlete Signature	Date			
Parant Commitmant	Contract			
Parent Commitment Contract				
I , understand that cheerl	eading is a unique sport and missing a			
practice means that the team is unable to have a fu	lly effective practice. I understand that			
absences will only be excused for illness, family emergencies, and funerals accompanied				
by a parent email. I understand that one absence will result in my child sitting out an				
event; two will result in my child sitting out two events.	<u> </u>			
round completely. 3 absences will result in remov				
In addition, I understand that my child will				
time they are late or have to leave early. I also und	· · · · · · · · · · · · · · · · · · ·			
a chance that I will be removed from the specific r				
if the absence is excused. I understand that this is				
impossible in some circumstances for athletes to b	e in material that they were not there to			
learn.				
I understand that my child is a part of CVH	· · · · · · · · · · · · · · · · · · ·			
handle situations with the coaches before involving myself. If I need to advocate for my				
child I will go to my child's coach first before reac	=			
I also understand the Chippewa Valley Sch				
In addition to the policy, I understand that the coac out of material and/or performances if their grades				
understand that this is done in order to protect the				
I understand that all money is non-refundal				
daughter is removed from the team for any reason.				
addition is removed from the team for any reason.				
Parent Signature	Date			

#### **Basic Rules**

The following things may cause suspension or removal from the team but are not limited to:

### Inappropriate behavior in school

- foul language
- poor attitude towards teachers and/or peers
- breaking of any of the school rules
- Public display of Affection

### Inappropriate behavior outside of school

- substance abuse
- Representing Chippewa Valley Cheer in a negative way
- Inappropriate/negative social media items

#### **Practice Rules:**

- No <u>Jewelry</u>
- No Gum
- Must bring a water bottle
- No long/fake nails
- Appropriate practice clothing
- Appropriate practice shoes
- No poor attitudes towards practice, coaches and/or teammates
- Must be prepared and on time for practice
- ALWAYS give 100%

#### **Other Team Rules:**

- Must dress in specified uniform on competition days. (This includes while you are at school)
- No large jewelry when in "cheer gear" at school and/or other outside activities
- No PDA in school
- No loaning of any cheer clothing to students outside of the team
- No fighting, swearing, bickering or engaging in behavior that would give Chippewa Valley Cheerleaders a poor reputation both in and out of school.
- No gossiping or complaining about practice and/or teammates to people outside of practice: All conflicts must be resolved at practice, and left there when you leave.
- Approach all practices with a positive attitude. If you are having a bad day, either talk about it with your team, or leave it at the door.
- Your team is your second family: Treat them that way!
- I will speak to a coach about issues before having a parent speak to them.

	erstand that if my child breaks any of the above stated rules, it could result m games, performances or the team.	t in
Signature	Date	
Athlete I,, understand removal from games, perform	that breaking any of the above stated rules, could result in suspension and ances or the team.	l/or
Signature	Date	

### **Parent Permission for Cheer Try-Outs**

	mission to try-out for a Chippewa Valley Cheer
	on. I realize that cheerleading is a unique sport, and
• • • • • • • • • • • • • • • • • • • •	uts. I understand that my daughter must abide by
•	by the coaches of Chippewa Valley Schools and
	es and events. I have read the Chippewa
	d will be attending the parent meeting. I
	e rules may lead to temporary or permanent
±	nd that there are certain financial obligations that
<b>C</b> , 1	ion to ride with the coaches and/or parents when
•	ed forms must be completed and turned in by
,	ghter will not be allowed to try-out. I understand
· · · · · · · · · · · · · · · · · · ·	coaches and will have access to GPA records at all
	stand that by the very nature of this activity,
	injury. No matter how careful the participant and
	re used, or what landing surfaces are used, the risk
	h my daughter to support their decision to be a part
of the Chippewa Valley Cheerleading	Program
I, , the pa	arent/guardian of,
	ree with the above statement and the contents of the
e e	daughter will be responsible for following ALL rules
	the appropriate consequences if ANY of the rules
are broken.	the appropriate consequences if 1111 of the rimes
Parent Signature	Date
Tarent Signature	Butt
I acknowl	lodge that I have read and agree with the above
statement and the contents of the try-	ledge that I have read and agree with the above out packet. I understand that I will be responsible
	ns stated and WILL face the appropriate
consequences if ANY of the rules are i	
Athlete Signature	Date
0	

# **Athlete Information Sheet**

Name	Grade	Current Age
Cell number		
Email		_
Regular t-shirt size	Sweatshirt size	Sweatpants size
Cheer short size		
(We ask for sizes <u>in case</u> an have to buy all of the ab		eed to be ordered. You will NOT
Parent Info- please print cle	arly	
Parent/Guardian #1 (This	s should be the main co	ntact Parent)
Name:		
Cell #:		
E-mail:		
Parent/Guardian #2		
Name:		
Cell #:		
E-mail:		
Parent/Guardian #3		
Name:		
Cell #:		
E-mail:		