[](http://www.google.com/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwjruoyW5tbTAhWh1IMKHdB6B2MQjRwIBw&url=http://www.lexington.k12.mo.us/volleyball&psig=AFQjCNFw0tHYH_zc-8aV4kLeoXPoA9GZxQ&ust=1494006531612120)

**SENECA VOLLEYBALL FALL 2023**

**7TH AND 8TH GRADE GIRLS VOLLEYBALL TRY-OUTS**

**DATES:** Wednesday, September 6, 2023 MAIN GYM

Thursday, September 7, 2023 MAIN GYM

Friday, September 8, 2023 MAIN GYM

**TIME:** Wednesday, Thursday, and Friday 3:00 – 4:15 7TH GRADE

4:15 – 5:30 8TH GRADE

**CLOTHES:** WEAR SHORTS, T-SHIRT **(NAME ON**

**BACK IS HELPFUL**), AND GYM SHOES.

KNEE PADS ARE OPTIONAL

**\*\*\*\*\*\*A PHYSICAL IS REQUIRED BEFORE TRY-OUTS. PHYSICAL FORMS ARE AVAILABLE FROM THE FRONT OFFICE, MR. DROSKI OR MRS. FERGUSON OR ONLINE AT THE CHIPPEWA VALLEY WEBSITE UNDER ATHLETICS.**

REGULAR TEAM PRACTICE WILL BEGIN ON Monday, SEPTEMBER 11, 2023- 2:50-4:30!

Coach Impastato – 7TH GRADE

Coach Weeks- 8TH GRADE