

# Middle School

## Lunch Menu

2023-2024



Monthly Special:  
**Spicy Chicken  
Salad**

**Daily Offerings Available to  
ALL Students:**

Crispy Chicken Sandwich  
Italian Sub  
Turkey, Bacon & Cheese Sub  
Hummus Veggie Wrap (T-Fr)  
Pepperoni/Cheese Pizza  
Hamburger/Cheeseburger  
Antipasto Salad  
Chicken Caesar Salad  
Greek Salad



**All Options Include:**

1 cup Fruit  
1 cup Vegetable  
Choice of Milk

**Vegetable Choices:**

Corn  
Carrot Sticks  
Celery Sticks  
Broccoli Bites  
Hummus

BREAKFAST is served  
daily at CVHS, DHS &  
C9. Check your school  
for times.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
29 <b>Chicken &amp; Waffles</b> w/ Syrup Cup Broccoli Bites Carrots Ranch	30 <b>Nacho Supreme</b> Refried Beans Salsa cup & Sour Cream Cucumbers Ranch	1 <b>Turkey Corn Dog</b> Sidewinder Fries Rainbow Cauliflower Ketchup/Mustard/Ranch	2 <b>Sweet &amp; Sour Chicken</b> Fried Rice Steamed Broccoli Fortune Cookie	3 <b>Cheeseburger Calzone</b> Sun Chips Corn Spinach & Romaine Salad
6 <b>Boneless Chicken Wings</b> Waffle Fries Broccoli Bites Dinner Roll w/ Butter BBQ Sauce / Ranch / Ketchup	7 	8 <b>BBQ Chicken Sandwiches</b> Tater Tots Mini Bell Peppers Ranch / Ketchup	9 <b>Big Chip Burger</b> w/ American cheese, lettuce, pickles + mayo Harvest Chips Watermelon Radish Carrots Ketchup/Mustard/Ranch	10 <b>Bosco Sticks</b> Marinara Dip Sauce Spinach & Romaine Salad
13 <b>Macaroni &amp; Cheese</b> Dinner Roll w/ Butter Spread Green Beans Fresh Carrots w/ Ranch	14 <b>Nacho Supreme</b> Refried Beans Salsa cup & Sour Cream Cherry Tomatoes w/ Ranch	15 <b>Chip-Filet Chicken Sandwich</b> w/ American cheese, lettuce, pickles + mayo Waffle Fries Watermelon Radish Ranch/Ketchup	16 <b>General Tso Chicken</b> Fried Rice Steamed Broccoli Fortune Cookie	17 <b>Hot N' Spicy Chicken Sandwich</b> Tater Tots Sugar Snap Peas Ranch & Ketchup
20 <b>Chili Cheese Dogs</b> Waffle Fries Steamed Broccoli Ketchup/Mustard	21 <b>Walking Taco</b> Seasoned Black Beans Salsa Cup & Sour Cream Sliced Green Peppers Ranch	22 <b>CVS Chicken Bowl (The Boat!)</b> Mashed Potatoes & Gravy Dinner Roll w/ butter Steamed Corn	23 <b>Spicy Chicken Wrap</b> Harvest Chips Carrots Watermelon Radish Ranch	24 <b>Chicken &amp; Waffles</b> w/ Syrup Cup Cooked Carrots Mini Bell Peppers Ranch
27 	28 <b>Nacho Supreme</b> Refried Beans Salsa Cup & Sour Cream Cucumbers w/ Ranch	29 <b>Tempura Breaded Chicken Nuggets</b> Onion Rings Mini Bell Peppers Carrots Ranch / BBQ / Ketchup	30 <b>Meatball Marinara Sub</b> Sidewinder Fries Green Beans Ketchup	31 <b>Twisted Cheeseburger</b> Sun Chips Corn Spinach & Romaine Salad

If you have a food allergy, please be aware that CVS prepares food that may contain or have come into contact with peanuts, nuts or other possible allergens.