# **Middle School**

**Lunch Menu** 

2023-2024



# Monthly Special:

Spicy Chicken Salad

## Daily Offerings Available to ALL Students:

Crispy Chicken Sandwich Italian Sub Turkey, Bacon & Cheese Sub Hummus Veggie Wrap (T-Fr) Pepperoni/Cheese Pizza Hamburger/Cheeseburger Antipasto Salad Chicken Caesar Salad Greek Salad

#### **All Options Include**:

1 cup Fruit 1 cup Vegetable Choice of Milk

### **Vegetable Choices**:

Corn Carrot Sticks Celery Sticks Broccoli Bites Hummus

BREAKFAST is served daily at CVHS, DHS & C9. Check your school for times.

Monday	Tuesday	Wednesday	Thursday	Friday
Hot N' Spicy Chicken Sandwich Tater Tots Sliced Cucumbers with Ranch	School School	Chicken Nuggets  Corn Carrot Sticks Dinner Roll  BBQ Sauce / Ranch / Ketchup	Sweet & Sour Chicken Fried Rice Steamed Broccoli	Bosco Sticks  Marinara Dip Sauce Spinach & Romaine Salad
4 Boneless Chicken Wings  Waffle Fries Broccoli Bites Dinner Roll w/ Butter BBQ Sauce / Ranch / Ketchup	5 Walking Taco Seasoned Black Beans Salsa Cup & Sour Cream Sliced Green Peppers with Ranch	6 Chicken Tenders  Dinner Roll with butter spread Tater Tots Cherry Tomatoes Ranch	7 Big Chip Burger w/ American cheese, lettuce, pickles + mayo  Harvest Chips Mini Bell Peppers Carrots Ketchup/Mustard/Ranch	8 HALF DAY NO LUNCH SERVED
11 Macaroni & Cheese  Dinner Roll w/ Butter Spread Green Beans Fresh Carrots w/ Ranch	Nacho Supreme  Refried Beans Salsa Cup & Sour Cream Cherry Tomatoes w/ Ranch	Chip-Filet Chicken Sandwich W/ American cheese, lettuce, pickles + mayo Waffle Fries Cucumber w/ Ranch	14  General Tso Chicken  Fried Rice Steamed Broccoli	Hot N' Spicy Chicken Sandwich Tater Tots Sugar Snap Peas Ranch
Rotini Pasta w/ Meat Sauce  Dinner Roll w/ Butter Spread Steamed Broccoli Fresh Carrots w/ Ranch	Walking Taco  Seasoned Black Beans Salsa Cup & Sour Cream Sliced Green Peppers w/ Ranch	BBQ Chicken Sandwiches  Tater Tots Mini Bell Peppers Ranch / Ketchup	21 Spicy Chicken Wrap  Harvest Chips Carrots Celery w/ Ranch	Beef and Cheese Taco Stick  salsa cup & sour cream Spinach & Romaine Salad
Bosco Sticks  Marinara Dip Sauce Carrots & Celery w/ ranch	26 Nacho Supreme  Refried Beans Salsa Cup & Sour Cream Cucumbers w/ Ranch	Mini Turkey Corn Dogs  Sidewinder Fries Rainbow Cauliflower Ketchup/Mustard/Ranch	HALF DAY NO LUNCH SERVED	School School