

CHIPPEWA VALLEY SCHOOLS ADULT & COMMUNITY EDUCATION

Classes held at Chippewa Valley High School: 18300 19 Mile Rd, Clinton Twp 48038

No Swim March 29 to April 6/May 22 to May 27

Class Dates for Spring 2024 Session 2



Monday: At Chippewa Valley High School Session 2: 04/29, 05/06, 05/13, 05/20, 06/03, 06/10 Friday: At Chippewa Valley High School Session 2: 05/03, 05/10, 05/17, 05/31, 06/07, 06/14 **Wednesday: At Chippewa Valley High School Session 2:** 05/01, 05/08, 05/15, 05/29, 06/05, 06/12

Saturday: At Chippewa Valley High School Session 2: 05/04, 05/11, 05/18, 06/01, 06/08, 06/15

Class Fees: \$58.00 per student / all classes are 45 minutes unless otherwise noted / 6-day classes.

Swim Program Pool Supervisor: Alex Sprowitz, asprowitz@cvs.k12.mi.us

All registration for the Swim Program is handled through the Community Education Office **NOT at the pool.

Aqua Tots - 1/2 Hour Class

For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device.

Agua Tots-05-04-S1	Saturday	12:15 PM



Goldfish (PA) - 1/2 hour class

For children 3-5 years old, this class is designed for a parent to be in the water with the child. Child uses a flotation device.

GoldfishPA-04-29-M1	Monday	6:45 PM
GoldfishPA-05-01-W1	Wednesday	6:45 PM
GoldfishPA-05-04-S2	Saturday	10:45am
GoldfishPA-05-04-S3	Saturday	11:30am



Goldfish (Reg)

For children 3-5 years old, no parent assistance is needed. Child uses a flotation device.

Goldfish-04-29-M1	Monday	6:00 PM
Goldfish-04-29-M2	Monday	6:45 PM
Goldfish-05-01-W1	Wednesday	6:00 PM
Goldfish-05-01-W2	Wednesday	6:45 PM
Goldfish-05-04-S1	Saturday	10:00 AM
Goldfish-05-04-S2	Saturday	10:45 AM
Goldfish-05-04-S3	Saturday	11:30 AM

Starfish

For children 3-5 years old. Children will learn the basic skills of swimming without a flotation device or parent assistance.

Starfish-04-29-M1	Monday	6:00 PM
Starfish-04-29-M2	Monday	6:45 PM
Starfish-05-01-W1	Wednesday	6:00 PM
Starfish-05-01-W2	Wednesday	6:45 PM
Starfish-05-04-S1	Saturday	10:00 AM
Starfish-05-04-S2	Saturday	10:45 AM
Starfish-05-04-S3	Saturday	11:30 AM

Level 1 – Introduction to Water Skills

For children 6 & up. This class is designed to help students feel comfortable in the water. Learn to submerge mouth, nose & eyes.

Monday	6:00 PM
Monday	6:45 PM
Wednesday	6:00 PM
Wednesday	6:45 PM
Saturday	10:00 AM
Saturday	10:45 AM
Saturday	11:30 AM
	Monday Wednesday Wednesday Saturday Saturday

Level 2 - Fundamental Aquatic Skills

Gives students success with fundamental skills.

This class is taught in deep water.

Level-2-04-29-M1	Monday	6:00 PM
	,	
Level-2-04-29-M2	Monday	6:45 PM
Level-2-05-01-W1	Wednesday	6:00 PM
Level-2-05-01-W2	Wednesday	6:45 PM
Level-2-05-04-S1	Saturday	10:00 AM
Level-2-05-04-S2	Saturday	10:45 AM
Level-2-05-04-S3	Saturday	11:30 AM

Level 3 - Stroke Development

Level 2: Fundamental Aquatic Skills. Gives students success with fundamental skills. Taught in deep water.

Level-3-04-29-M1	Monday	6:00 PM		
Level-3-04-29-M2	Monday	6:45 PM		
Level-3-05-01-W1	Wednesday	6:00 PM		
Level-3-05-01-W2	Wednesday	6:45 PM		
Level-3-05-04-S1	Saturday	10:00 AM		
Level-3-05-04-S2	Saturday	10:45 AM		
Level-3-05-04-S3	Saturday	11:30 AM		

Level 4 – Stroke Improvement

This class develops confidence in the skills learned & helps improve other

aquatte sittis.				
Level-4-04-29-M1	Monday	6:00 PM		
Level-4-04-29-M2	Monday	6:45 PM		
Level-4-05-01-W1	Wednesday	6:00 PM		
Level-4-05-01-W2	Wednesday	6:45 PM		
Level-4-05-04-S1	Saturday	10:00 AM		
Level-4-05-04-S2	Saturday	10:45 AM		
Level-4-05-04-S3	Saturday	11:30 AM		

<u>Level 5 – Stroke Refinement</u>

This class teaches the refinement of the front/back crawl, breaststroke, butterfly, elementary backstroke, sidestroke, and diving.

Level-5-04-29-M1	Monday	6:00 PM
Level-5-04-29-M2	Monday	6:45 PM
Level-5-05-01-W1	Wednesday	6:00 PM
Level-5-05-01-W2	Wednesday	6:45 PM
Level-5-05-04-S1	Saturday	10:00 AM
Level-5-05-04-S2	Saturday	10:45 AM
Level-5-05-04-S3	Saturday	11:30 AM

Level 6 - Swimming & Skill Proficiency

This class refines all 6 strokes so the child can swim with ease, efficiency, power & smoothness over greater distances. Options after completing include personal water safety, fundamentals of diving, and fitness swimmer

thetade personal water surety, randamentals of atvarg, and raness swan			
	Level-6-04-29-M1	Monday	6:00 PM
	Level-6-04-29-M2	Monday	6:45 PM
	Level-6-05-01-W1	Wednesday	6:00 PM
	Level-6-05-01-W2	Wednesday	6:45 PM
	Level-6-05-04-S1	Saturday	10:00 AM
	Level-6-05-04-S2	Saturday	10:45 AM
	Level-6-05-04-53	Saturday	11·30 AM

CHIPPEWA VALLEY SCHOOLS ADULT & COMMUNITY EDUCATION

Classes held at Chippewa Valley High School: 18300 19 Mile Rd, Clinton Twp 48038

Private and Semi-Private Lessons

Private lessons are available at \$34.00/per ½ hour Semi-Private Lessons are available at \$50 per ½ hour for 2 students 5:00PM-5:30PM or 7:30PM-8:00PM

Available by Request Only

For an appointment email asprowitz@cvs.k12.mi.us

Adult Lap-Drop In

\$5.00 per session

AD-Lap-(date)-M Monday 7:30pm-8:30pm AD-Lap-(date)-W Wednesday 7:30pm-8:30pm

Adult Water Aerobics

The viscosity and weight of the water provides an impact-free way to intensify your work out. All fitness levels welcome!

Ideal exercise for any shape or fitness level! Must be 18. Proper swim attire required.

Chippewa Valley High School Pool 7:30-8:30pm

7 Weeks - \$68.00 Seniors (55+) - \$65.00 6 Weeks - \$58.00 Seniors (55+) - \$55.00

AD-WA-04-29-(04/29-06/10)	Monday	(6 Weeks)
AD-WA-05-01-(05/01-06/12)	Wednesday	(6 Weeks)

Parent Signature:

POOL PARTIES

Hold your next function at Chippewa Valley High School Pool Great for Birthday Parties, Cub Scouts, Girl Scouts, or for a Family Gathering!!!

Pre-Competitive Swim

For students who have passed level 4 and want to build endurance while working on technique. PC-Swim-05-03-F3 FRI 7:30pm-8:30pm

Springboard and Diving

Approved students will learn proper diving techniques. Must be at least 10 years old and have completed Level 4. Springboard-05-01-W3 Wed 7:30pm-8:30pm

Adult Swim Lessons

For beginner swimmers over age 18 AD-Swim-04-29-M Mon 7:30pm-8:30pm

Open Swim

When: Fridays Session 1: 05/03/2024 to 06/14/2024

Time: 6:30PM - 7:30PM

Fees: Register Online and bring receipt

Ages 11 and Under - \$4.00 Ages 12 and Up - \$5.00

Rules

- Ages 8 & under <u>MUST</u> be accompanied, <u>IN THE WATER</u>, by a responsible person 18 years or older or as determined by a supervisor.
- Swim diapers are **<u>REQUIRED</u>** for untrained children.
- Men/boys swimsuits <u>MUST HAVE A LINER</u> no underwear, briefs, or shorts.

When: Fridays 05/03-06/14

Time: 6:30–7:30pm/swim time
7:30–8:30pm/party room

Fee: \$22/per hour for party room

Swim Fee: \$5.00/ Ages 12 & up

\$4.00/ Ages 11 & under



Call: 586-723-2058 to reserve room

You can register online: https://chippewavalleyschools.ce.eleyo.com with a Debit/Credit Card
Or in person at Community Education 19120 Cass Ave. Clinton Twp, MI 48038

Parents Name:	Email Address:			
Home Address:	City:			Zip:
Home Phone: ()		Alternate Phone: ()		
Childs Name:	DOB:	Class #:	Class Name:	Cost:
Childs Name:	DOB:	Class #:	Class Name:	Cost:
MC/Visa#:	Exp.Date	Name on Card:		
Classes may be canceled, shortened in lopefore first class. NO REFUNDS ARE ISS deducted from all refunds. All attempts customer on any concern or request, alwill see you at the class. Thank you for y Recording of various school and classrofeatured in district publications, local modicating your approval or denial.	UED FOR ONE-NIGHT CLASSES, SPEC will be made for a refund should exte vays considerate of the customer's po our continued support! om activities with interviews, photograms.	IAL EVENTS OR AFTER THE F nuating circumstances arise. int of view. There are no con aphy, and video equipment i	IRST CLASS HAS MET. An \$8 We promise to be fair and ifirmations mailed out, if you is done throughout the year.	B processing fee will be reasonable with each a don't hear from us, we . This recording may be
will allow photograph of this stude	ent to be posted on the Communi	ty Education Website	NO YFS	